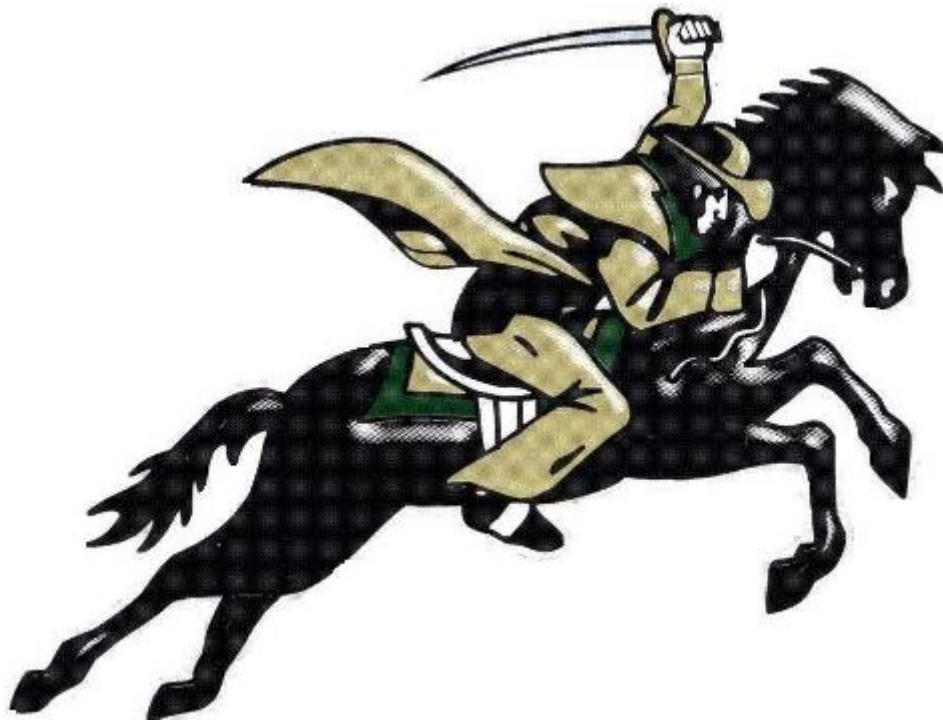


# The St. Ann Sports Handbook



Revised  
Oct 1<sup>st</sup> 2007

---

## Handbook Highlights

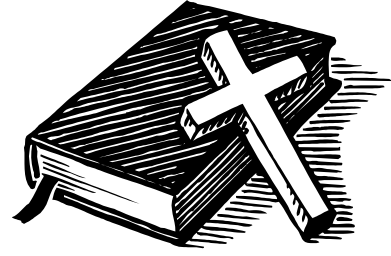
- **St. Ann Sports Philosophy**
- **Athletes Expectations and Responsibilities**
- **Parent/Guardian Expectations and Responsibilities**
- **Coaches: Selection, Role, And Responsibilities**

# TABLE OF CONTENTS

St. Ann Sports	1
St. Ann Sports Mission Statement	2
St. Ann Sports Philosophy Statement	2
Responsibilities of St. Ann Sports Programs	2
The St. Ann Sports Committee	3
Responsibilities of the St. Ann Sports Committee	4
<b>Coaches: Selection, Roles, Responsibilities</b>	5
* Criteria for the selection of coaches	5
* Coaches must	6
* Coaches Responsibilities to Players, Teams, and Community	7
* Coaches Role	8
Student Athlete: Expectations and Responsibilities	9
Parent/Guardian Expectations and Responsibilities	10
Playing Time	11
Fees and Finances	12
Leagues and Tournaments	12
<b>Parent/Coach Relationship</b>	13
* Communications with Coaches, what parents should expect	13
* Appropriate concerns to discuss with coaches	14
* The Coach is responsible for decisions regarding	14
* What to do if the meeting with the coach was unsatisfactory	15
The Next Step	15
The Final Step	15
<b>Code of Conduct Form</b>	16
<b>Wavier and Release Form</b>	17



## St. Ann Sports



This handbook is intended to provide you with the necessary information on what will be expected from you as a parent/guardian, coach, and or committee member of St. Ann Sports. The structure of our program, guidelines, rules, goals, and training will be explained in this handbook. Our focus is on good Christian sportsmanship through activities where skill development, team work, team achievement, and personal growth are emphasized.

Representing St. Ann's on an athletic team is a **privilege** and not a right. All students of St. Ann School and Religious Education are encouraged to participate. The educational impact of participating in a sports program is unique.

Participation in sports can:

- 1) Educate and improve life-long health.
- 2) Increase self-confidence and self-esteem.
- 3) Promote higher academic performance.
- 4) Nurture the development of an inner sense of fair play and good sportsmanship.
- 5) Provide a bridge to unify diversity.
- 6) Contribute to the "sound body, sound mind" philosophy which is essential in the character-building process.
- 7) Develop lasting friendships.
- 8) Develop respect for rules and authority.
- 9) Enable athletes to see other communities and get acquainted with other athletes.
- 10) Provide opportunities to develop physical abilities to their fullest.
- 11) Provide opportunities to participate in activities which parallel many later life experiences.

Intramural and interscholastic activities complement and enhance the school's physical education program. They are a natural extension of the school curriculum and provide a well-rounded physical education program.

## **St. Ann Sports Mission Statement**

The ST. ANN SPORTS COMMITTEE provides an interscholastic sports program as an extension of St. Ann Parish. The mission of the St. Ann Sports Committee is to put Christian values into practice by helping our young athletes develop to the best of their ability in body, mind, and spirit. A “true” winner always does his or her best, never for the glory of self, but always for the glory of God. Our concerns are with the development of the whole person; his or her religious, moral, social, and academic dimensions, as well as physical development. **St. Ann Sports Committee does not discriminate on the basis of race, color, sex, or national/ethnic origin in any of its governing, managing, financing, or in the participation of its athletes.**

## **St. Ann Sports Philosophy Statement**

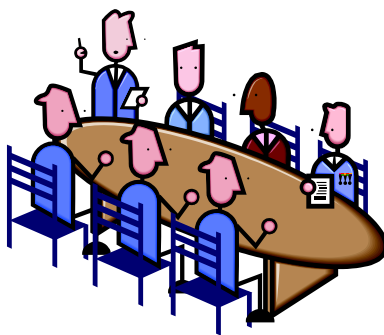
St. Ann Parish is concerned with the development of the whole person; the religious, moral, social, and academic dimensions, as well as, physical development. We believe that participation in athletics is an important part of student development. Through participation in the St. Ann athletic programs students may develop life-long skills and positive values. These values include leadership, healthful living habits, self-discipline, integrity, team work, respect for rules and regulations, and the ability to participate with dignity and grace.

St. Ann sports programs are an extra-curricular program available to all students of St. Ann School and Religious Education. Even though “try-outs” may be held to determine player skill level, **no player**, who meets all other eligibility requirements, will be excluded from participating as a member of a team. Athletes in grades 3, 4, 5 are considered instructional sports and athletes in grades 6, 7, & 8 are considered competitive. All grades are eligible for “try-outs” to determine skill level. The purpose of “try-outs” is to place the athlete in a more comfortable yet challenging level of play according to their skill level. The number of teams will be determined by the number of registered players. St. Ann Sports Committee has a **“NO CUT POLICY”**.

## **Responsibilities of the St. Ann Sports Programs**

St. Ann Sports programs are an extension of St. Ann School and St. Ann Parish. These programs are subject to the authority of the pastor, the principal, the St. Ann School Board, and the St. Ann Sports Committee.

This responsibility is shared with the pastor or his designee in a parish-sponsored program. A parish-sponsored program is one that welcomes all children of parishioners whether they attend the parish school or not, providing they are actively enrolled in Religious Education at St. Ann in Lansing or approved satellite schools.



## **The St. Ann Sports Committee**

The St. Ann Sports Committee will organize and manage the Athletic Programs consisting of Football, Basketball, Soccer, Volleyball, Bowling, and Cheerleading & Pom Pons. The St. Ann Sports Committee will be directly accountable to the Pastor or his designee. Members of the Sports Committee give voluntarily of their time to organize and maintain the sports programs.

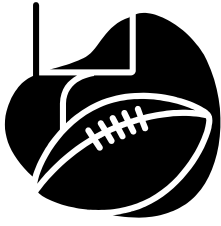
The St. Ann Sports Committee meets monthly. Anyone wishing to address the Sports Committee should call the secretary and they will be placed on the agenda for the next scheduled meeting.

The St. Ann Sports Committee consists of the following positions:

- 1) President
- 2) Treasurer
- 3) Vice President(s)
- 4) Secretary
- 5) Football Coordinator(s)
- 6) Cheerleading & Pom Pons Coordinator(s)
- 7) Girls Basketball Coordinator(s)
- 8) Boys Basketball Coordinator(s)
- 9) Girls Volleyball Coordinator(s)
- 10) Boys Volleyball Coordinator(s)
- 11) Soccer Coordinator(s)
- 12) Bowling Coordinator(s)
- 13) Awards Coordinator
- 14) Publicity Director
- 15) Walk-A-Thon Coordinator
- 16) Parent Advisor
- 17) Concession Stand Coordinator
- 18) Spirit Wear Coordinator

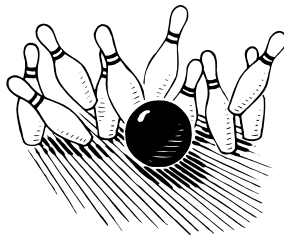
Sub Committees will be appointed by the members of the Sports Committee and include:

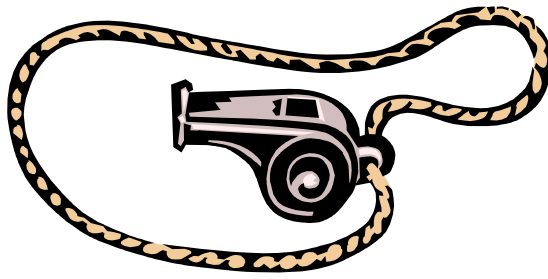
- 1) Conflict Resolution Sub-Committee.
- 2) Coaches Monitoring and Evaluating Sub Committee.



## Responsibilities of the Sports Committee

- 1) Communicate the mission & philosophy of the program to all involved.
- 2) Set the criteria for screening, approval, and monitoring of all coaches as well as provide in-services for coaches to attend.
- 3) Coordinate, schedule, and supervise all sport programs volunteers.
- 4) Determine league participation as well as number of games, tournaments, etc.
- 5) Coordinate scheduling of practices, games and tournaments.
- 6) Determine number of teams and players for each grade level.
- 7) Prepare and present an annual budget to the pastor and principal.
- 8) Set participation fees
- 9) Raise funds according to parish guidelines.
- 10) Approve expenditures
- 11) Submit annual financial reports and agenda reports to the pastor and/or his designee.
- 12) Develop a Constitution/By Laws to be submitted to the school board.
- 13) Develop an emergency plan for unexpected occurrences at games and practices.
- 14) Develop a procedure for conflict resolution.
- 15) Perform any duties to fulfill the sports programs.
- 16) Determine what age athletes will engage in league play.
- 17) Determine the number of practices and games for each grade level.
- 18) Provide opportunities for in-services or coaching clinics for education in coaching techniques.
- 19) Provide assistance to coaches and volunteers.
- 20) Handle conduct reports and report these to the pastor or his designee, the principal, and the school board.
- 21) Communicate information about the sports programs to the school and Religious Education.





## Coaches: Selection, Roles, and Responsibilities

The coach has the greatest responsibility and opportunity to guide and influence the student athlete. Coaches assume the role of teacher, mentor, and minister to the student athletes on their team. A coach's attitude and behavior are critical to modeling good Christian Catholic sportsmanship, both in word and deed.

## Criteria for the Selection of Coaches

The Sports Committee will determine the coaches, teams, and leagues. Anyone interested in becoming a coach or an assistant coach should contact that sports coordinator. All coaches, assistant coaches, and volunteers who assist in the instruction of our student athletes **MUST** first complete a **7703** Volunteer Application, Criminal Background Check, DCFS Release (CANTS), a Code of Conduct Form, and then complete Virtus Training within three months of accepting a position.

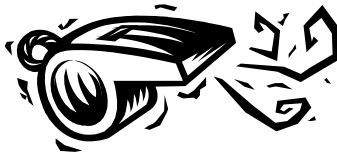




### **Coaches Must:**

- 1) Model Catholic Christian values.
- 2) Articulate and model the philosophy and goals of the program.
- 3) Responsibly supervise and instruct the youth in his or her care.
- 4) Understand the fundamentals of the sport to be coached.
- 5) Develop the potential, confidence, and skills of each athlete.
- 6) Separate winning from the more important goals and values of the program.
- 7) Head coaches must meet league age requirements.
- 8) Submit to the St. Ann Volunteer Application Process & Background check
- 9) Be approved by St. Ann Parish and have completed Virtus Training.
- 10) Must attend coaching clinic training during their first year.
- 11) Must sign and submit a St. Ann mission/philosophy Statement.
- 12) Not have been convicted of a felony.
- 13) Pursue training in First-Aid, CPR, and Blood-Borne Pathogens.
- 14) Be familiar with the Illinois abused and neglected child reporting act.
- 15) Be fair and equal to his team, athletes, and parents.
- 16) Never accept bribes or gratuities to show favor to athletes.
- 17) Be professional in appearance and conduct when representing St. Ann sports programs.
- 18) Not use drugs, alcohol, or tobacco at any practices, games, or tournaments.
- 19) NEVER administer medication.
- 20) Never deny playing time to athletes who are cooperative in effort and attendance.
- 21) Not join an additional league or tournament without approval from the Sports Committee.





## **Coaches Responsibilities**

The coach and assistant coach(s) are responsible for each athletic activity and are responsible for all team members. From the time they report for the activity until the time they leave the school or other location at the conclusion of the activity, game, or practice. The coach and assistant coach(s) are responsible for all players.

The coach must not leave until all team members have departed from the school or other location. The coach is responsible for securing the area utilized for the activity once the team has left. The coach may delegate this duty to an adult member of his/her coaching staff.

Coaches are responsible for not allowing players to be in any other area of the building or other location except the area used for the activity.

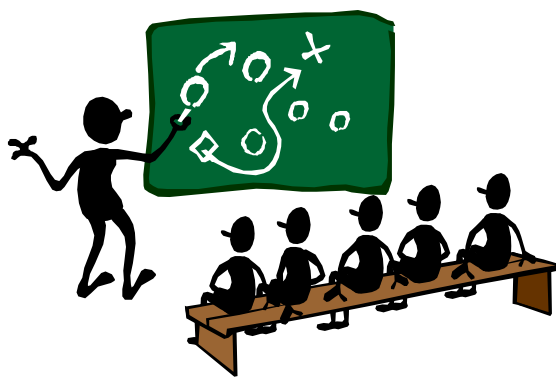
Attendance records will be kept of games and practices during the season and be made available upon request to the Sports Committee President, sport coordinator, and Conflict Resolution Sub-Committee.

### **Coaches Responsibilities to Players on the Team**

- 1) Develop positive attitudes.
- 2) Promote and teach only clean, aggressive, and fair play.
- 3) Stress good sportsmanship at all times.
- 4) Be the leader and lead by example.
- 5) Be fair and unprejudiced with players. Recognize and understand each player's individual differences, needs, interests, and aptitudes.
- 6) Safety and welfare of players should always be Priority #1.
- 7) The coach's primary responsibility is to the team.

### **Coaches Responsibilities to the Community**

As a coach you are a frequent topic of conversation at various community locations, homes, workplaces, and meetings of civic organization. Your reputation as a coach and your good name are constantly under scrutiny.



## Coaching Roles:

- 1) Use sound and acceptable teaching practices.
- 2) Run well organized sessions.
- 3) Have no more than 4 practices/or games per week.
- 4) When injuries occur, contact parents and write a written report to the sport coordinator.
- 5) Submit purchase requisitions for any equipment or tournament fees required to the sports coordinator. These requests must be approved by the Sports Committee. Any unauthorized purchase will be the financial responsibility of the individual making the purchase.
- 6) Coaches will decide the amount of playing time of their athletes based on ability, cooperation, attitude, academics, and attendance. Grades 3<sup>rd</sup>, 4<sup>th</sup>, & 5<sup>th</sup> have equal playing time.
- 7) Coaches will carry with them at all time, pertinent information on every athlete in their care. Emergency cards should list obvious problems such as Asthma, Diabetes, etc. Cards should specify allergies to bee stings, foods, poison ivy, and etc. as well as emergency contact information.
- 8) A first aid kit should be kept available at all times.
- 9) Complete and return incident/information form after all games to sports coordinators.





## **Student Athlete Expectations and Responsibilities**

Student athletes represent their school, parish, and community. They are expected to conduct themselves in a respectful and cooperative manner at all times.

No athlete will be allowed to practice or play in a game if absent from school on that day unless an excused absence from a doctor, dentist, or parent is provided to the Coach prior to the start of said event. Absence from school on Friday will not affect Saturday or Sunday playing time if the athlete has recovered sufficiently to participate.

Athletes who are suspended from school or have received a detention for behavioral reasons can be suspended from team practice, games, and tournaments until completion of said disciplinary action. Athletes can also be prohibited from team practice, games, and tournaments due to poor academics. The school principal will notify the Sports Committee if such action is needed.

Prompt notification must be made to your coach for missing a game and/or practice. Failure to do so may result in not playing in the next game.

Uniforms must be kept in good condition and returned to the coach at the end of the season. Uniforms or equipment that is not returned, lost, or damaged are the responsibility of the parent. Sports coordinators can withhold awards if said items are not returned or paid for. An athlete can not register for a sport until all past due uniform and fees are paid.

Athletes must show respect for coaches and cooperate fully. Respect should also be shown to members of their team, opponents, officials, spectators, and fans of the sport. Failure to do so will result in disciplinary action up to and including suspension from the team. **Participation in any Sports Program is a Privilege not a Right**



## Parent/Guardian Expectations and Responsibilities

- 1) Fill out and sign a Registration Form, Code of Conduct Form, Waiver and Release Form and pay the activity fee before the start of the season.
- 2) Attendance at mandatory orientation sessions.
- 3) Support and encouragement their child's and coaches efforts.
- 4) Attending games and cheering the team as a sign of support, show good sportsmanship.
- 5) Make no attempt to instruct or direct play or any athlete on the team.
- 6) Parents can and may be asked to leave a game, tournament, and/or practice if they are unable to maintain a standard of acceptable behavior. Further disciplinary actions may be taken by the Sports Committee President which may include suspension or expulsion from attending games, tournament, and/or practices.
- 7) Parental volunteering is essential to maintain a high level of quality and success.
- 8) Parents will provide transportation for their children to and from games, practices, and tournaments.
- 9) Parents will communicate directly with the coach or sport coordinator on matters of concern. This must be done at appropriate times; **NOT** immediately before, during, or after a game. For major problems or concerns which cannot be resolved with a coach or sport coordinator please contact the Sports Committee President.
- 10) Parents will not participate during practices unless requested by the coach or assistant coach.
- 11) It is the parent's responsibility to notify the coach and/or coordinator in writing of any allergy, medical condition, or physical limitations of their child.





## Playing Time

Playing time is frequently a source of misunderstanding and conflict among coaches, students, and parents. Each player's amount of playing time will reflect his/her ability, effort, attendance at practices and commitment to the team.

Athletes in Grades 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> are considered instructional sports and athletes will receive equal playing time. Attendance is required at practices and games if Athletes want to receive playing time. There will be **NO** starting teams with instructional sports.

Athletes in Grades 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> are considered competitive sports and each athlete will receive playing time at all games and tournaments, but not necessarily equal time. Attendance is required at practices and games if Athletes want to receive playing time. **The amount of playing time is at the head coach's discretion.**

There will be instructional teams with an amount of players that will make distributing equal time difficult to do. Coaches are expected to do their best to be fair to all players. Equal playing time can be made up at the next game. This is mandatory for instructional sports. It must be understood that these Athletes are here to learn, not here to be embarrassed.

Coaches may rotate stronger players to balance out the game, while rotating weaker players in. This process will help the weaker players develop stronger skills. This situation is rare and should only be done to help the confidence of the team in the event of a stronger opposing team.





## Fees and Finances

St. Ann Sports Committee is a self-sustaining parish organization. Activity fees are set to allow as many students as possible to participate. Provisions are available for children of families unable to afford the registration fees. This will make participation available to all. These provisions are to be made at the St. Ann Sports Committee discretion.

A single family that has three or more individual children participating in any St. Ann Sport during the same season will receive a reduction in registration fees. It will be equal to 15% off each fee. Also, a single family with 3 or more children participating in St. Ann Sports during the same season will only have to pay for the first 2 athletes. The 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> etc is **FREE**. (The lowest registration fee(s) will be waived).

All uniform fees, optional or otherwise, will not be discounted. If the coordinators are not aware of a family's eligibility, the treasurer will issue a refund check to the family as soon as possible. As always, in the event of financial hardships, fees may be waived or lowered by the President of the Sports Committee.

## Registration Fees

The Registration Fees for each sport will be determined by the St. Ann Sports Committee. The follow St. Ann sports have registration fees: Football, Boys Basketball, Girls Basketball, Cheerleading, Soccer, Girls Volleyball, Boys Volleyball, Bowling, and Pom Pons. **All fees must be paid prior to the start of the season. Participation cannot take place until fees are current.**

## Leagues and Tournaments

Fees for tournaments and games will be paid for by the Sports Committee. A coach must get authorization from the coordinator before entering their team in any tournament. If possible and available, the coordinator will schedule at least 2 tournaments and 2 leagues for every team. The St. Ann Sports Committee does not allow additional tournaments to be purchased by the parents and not scheduled by the sports coordinator. The Sports Committee will decide which league the team will enter.



## **Parent/Coach Relationship**

Both parenting and coaching are extremely difficult vocations. By establishing a mutual understanding for each other we are better able to accept each others actions and provide greater benefits to the children. As parents, when your child becomes involved in our programs, you have the right to understand what expectations are placed on your son or daughter. This will be clearly communicated from the head coach.

### **Communication You Should Expect From Your Child's Coach:**

- 1) The philosophy of the head coach regarding the team.
- 2) The expectations the coach has for your child as well as all the players on the team.
- 3) The locations and times of all practices and games.
- 4) The team requirements, i.e., fees, special equipment, off season conditioning, etc.
- 5) A procedure that the head coach follows should your child become injured while participating in sports.
- 6) What disciplinary action will be taken regarding your child's participation and playing time.

### **Communications the Coach Expects From Parents:**

- 1) That concerns be expressed directly to the head coach first.
- 2) Notification of any schedule conflicts will be in advance.
- 3) Specific concerns in regards to a coach's philosophy, methods, and/or expectations.
- 4) Financial concerns.

As your child becomes more involved in the programs at St. Ann, they will experience some of the most rewarding moments of their young lives. But, it is also important to understand that there may be times when things do not go the way you or your child wishes. At these times, dialogue with your child and the coach is recommended.

### **Appropriate Concerns to Discuss With Coaches:**

- 1) The treatment of your child, mentally and physically.
- 2) Ways to help your child improve.
- 3) Concerns about your child's behavior.

It is often difficult to accept your child not playing as much as you would like him or her to play. Coaches make judgment decisions based on what they observe each and every day and what they believe to be the best for all athletes involved. As you have seen from the list above, certain things can be discussed with your child's coach.

### **The Coach Is Responsible For Decisions Regarding:**

- 1) Playing Time.
- 2) Team strategy (players' positions, events, etc.).
- 3) Play calling.
- 4) Other athletes on the team.

### **If You Have A Concern To Discuss With Your Coach:**

There are situations that may require a conference between the coach and parent. These meetings are encouraged. It is important that both parties have a clear understanding of one another's position. To facilitate this harmony the following procedures are recommended.

- 1) Call or speak with the coach to set up an appointment to discuss your concern.
- 2) If the coach cannot be reached or is unable to meet with you, call the sports coordinator.
- 3) **Never** attempt to confront a coach before, during, or after a game, tournament, or practice. These can be emotional times for both the parents and coach. Meetings of this nature do not promote resolutions.

### **If The Coach Has A Concern To Discuss With The Parent:**

Same rules as above apply. Notes of all meetings will be kept and made available to the sports coordinator(s) and/or the Sports Committee.



**What Can A Parent Do If The Meeting With The Coach Did Not Provide A Satisfactory Resolution:**

**The Next Step**

- 1) Call and set up an appointment with the sports coordinator(s) to discuss the situation.
- 2) At this meeting an appropriate “next step” can be determined to resolve the situation.
- 3) If a problem still exists after discussion with the sports coordinator(s), you may contact the President of the Sports Committee. You will receive a prompt response.
- 4) In cases of extreme nature or if an emergency situation arises please contact the President of the Sports Committee immediately.

These procedures need to be followed in order to give fair and equal treatment to ALL involved. We ask that you please follow the procedures stated above.

**What Can A Coach Do If The Meeting With The Parent Did Not Provide A Satisfactory Resolution:**

Same rules as above apply. Notes of all meetings will be kept and made available to the President of the Sports Committee.

**The Final Step**

In the event that a conflict can not be resolved after following the above mentioned procedures in the “Next Step”, the President of the Sports Committee will direct the Conflict Resolution Sub Committee to investigate the concerns and report its findings to the Sports Committee. The Sports Committee will vote for a proper resolution.

The Conflict Resolution Sub Committee policy shall provide a complaint process within the St. Ann Sports Committee that fairly and impartially investigates complaints or allegations of non compliance of misconduct involving and parent, coach, or coordinator in this program. Findings from the Conflict Resolution Sub Committee will be directed to the President and voted on by the Sports Committee. All findings will be made available to the principal and pastor and/or his designee.

# ADULT/CHILD CODE OF CONDUCT FORM

(This form must be signed and returned to your coordinator)

Adult evaluation is important and carries a great deal of significance with your people. The attitude shown at games by adults and children towards other children, the opposing team, the officials, the coaches and their own players, influences a child's values and behavior immeasurably. Criticism and disrespect for players, officials and opponents by over-anxious adults, over-protective parents or disrespectful children, more concerned with immediate success than long term benefits, undermines the purpose of St. Ann Sports programs.

This additionally brings into the game stresses beyond those of normal competition. When young people cannot effectively cope with such stresses, it contributes to behavior not in keeping with the accepted ethical standards of the St. Ann Sports Committee. Adults and children should remember the following.

- Children have more need of **'example'** than **'criticism'**
- Athletic participation for a child and others should be a **positive** experience
- An attempt should be made to **relieve** the pressure of competition, not **increase** it.
- Children are easily affected by outside influences, especially adults or other children acting in a **un-Christian-like** manner.
- Coaches are volunteers, giving of their personal time and, in many cases money, to provide a recreational activity for children.
- **Coaches** and **officials** provide a valuable service to the St. Ann Sports programs. And the community with little reward for their dedication.
- Without opponents or opposing teams, a child could not participate in competition. Treating others with respect reflects on you, your family and our school.
- Applauding good plays by both teams shows you are there for the **'kids'** and the **'fun of competition'** not your own **self-gratification**.
- **Not** questioning the judgment of a game official or coach, whether you feel the official or coach was right or wrong, is a symbol of fair play, integrity and **sportsmanship**.
- Graciously accepting the results of each play, and the game, shows true **sportsmanship**.
- No one, in the possession of, or under the influence of, any drug and/or alcoholic beverage is allowed to participate in, or attend, any St. Ann Sports game, practice or function.

I have the 'Adult/Child Code of Conduct' and fully understand the consequences of my actions should I choose not to follow the guidelines. I will, to the best of my ability, abide by this 'Code of Conduct' while I am a part of St. Ann Sports programs in any capacity.

Parent(s)/Guardian(s) Signature(s)

\_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

**CATHOLIC BISHOP OF CHICAGO, A CORPORATION SOLE**  
(This form must be filled out and returned to your coordinator)

Adult participation Sign-In and Release Form

The Catholic Bishop of Chicago, a Corporation Sole (the CBC) and St. Ann Parish are committed to conducting programs and activities in the safest manner possible and hold the safety of participation in the highest possible regard. Participants registering in these programs must recognize that there is an inherent risk of injury when choosing to participate in these activities and athletic events. The CBC and St. Ann Parish insist participants follow safety instructions which have been designed to protect your safety.

Please recognize that the CBC and St. Ann Parish do not carry medical accident insurance for injuries sustained in its programs. The cost of such would make program fees prohibitive. Therefore, each person registering themselves or a family member for a recreation program/activity should review their own health insurance policy for coverage. It must be noted that the absence of health insurance coverage does not make the CBC or St. Ann Parish automatically responsible for the payment of medical expenses.

Waiver and Release of All Claims

**Please read this form carefully and be aware you will be waiving and releasing all claims for injuries you might sustain arising out of this program.**

Program: \_\_\_\_\_ Program Date: \_\_\_\_\_

I recognize and acknowledge there are certain risks of physical injury and I agree to assume the full risk of any injuries, including death, damages, or loss which may be sustained as a result of participating in this program. I agree to relinquish the CBC, St. Ann Parish and their agents, volunteer servants and employees of all claims I may have as a result of participating in the program.

I do hereby fully release and discharge the CBC, St. Ann Parish and their officers, agents, volunteer servants, and employees from any and all claims injuries, including death, damages and losses sustained by me arising out of, connected with, or in any way associated with the activities of this athletic program.

In the event of any emergency, I authorize the CBC or St. Ann Parish officials to secure from any licensed hospitals, physician, and/or medical personnel any treatment deemed necessary for the immediate care and I agree that I will be responsible for payment for any services rendered.

I have read and fully understand the above Program Details, Waiver and Release of All Claims and Permission to secure Treatment.

Parent(s)/Guardian(s) Signature(s)

\_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_

## Vendors

The St. Ann Sports Committee has used these fine local Lansing businesses for years. They have been supplying the St. Ann sports programs with great prices, exceptional service, and professional quality on spirit wear, uniforms, sports equipment, trophies, and pictures. The St. Ann Sports Committee would like to thank the following local businesses for their services and generous donations.

The St. Ann Sports Committee would like to thank:

### Lansing Sport Shop

3263 Ridge Road

Lansing, IL 60438

Call locally: 708-474-2471

Call Toll Free: 1-800-334-1806

Fax: 708-474-6156

E-mail: [customer.service@lansingsportshop.com](mailto:customer.service@lansingsportshop.com)

Website: [lansingsportshop.com](http://lansingsportshop.com)

### Besse's Shirt Lettering

18058 Torrence Avenue Lansing, Illinois 60438

Phone: 708-474-3599

Fax: 708-474-9112

E-mail: [bessesl@aol.com](mailto:bessesl@aol.com)

### The Foto Shop

3332 Ridge Rd

Lansing, IL 60438

Phone 708-895-4431

E-mail: [fotoshop1521@sbcglobal.net](mailto:fotoshop1521@sbcglobal.net)



**St. Ann School**  
3014 Ridge Rd.  
Lansing, IL. 60438  
708-895-1661

**St. Ann Parish**  
3010 Ridge Rd.  
Lansing, IL. 60438  
708-895-6700

**St. Ann Religious Education**  
3014 Ridge Rd.  
Lansing, IL. 60438  
708-895-5970